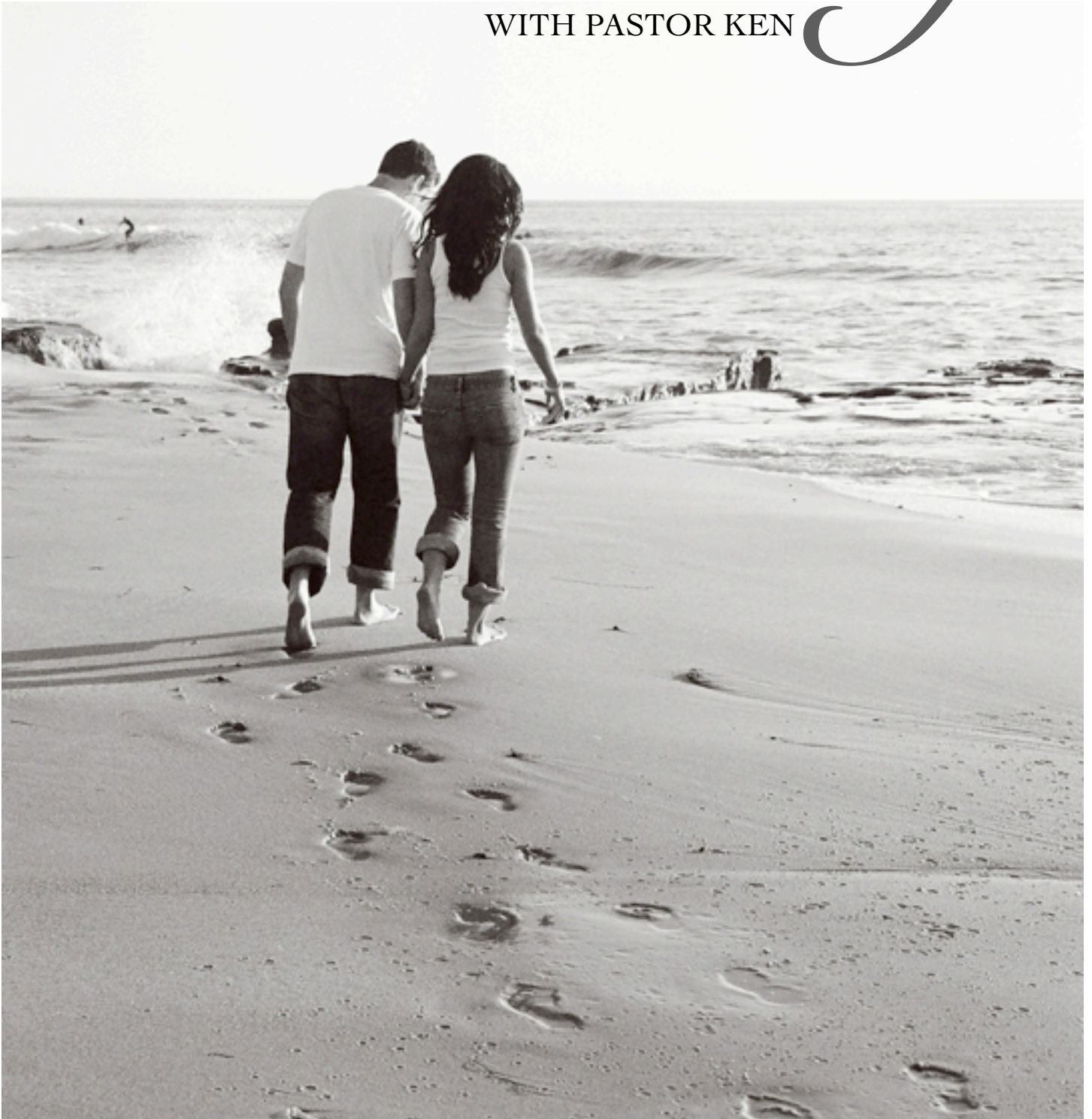


PREMARITAL
Coaching
WITH PASTOR KEN



DISCOVER THE PREMARITAL COACHING EXPERIENCE

The Most Important Investment You Will Ever Make...

There is a lot of uncertainty, even within the counseling profession, about what makes for good premarital counseling. Some will have you do a budget, talk about expectations and send you on your merry way. But is that enough? Is there even a need for premarital counseling? Many couples may say, "We are in love, things are going great and we are committed to one another. Those facts will protect our relationship." Yet, marital research tells us that of the couples that get married, one-half of them will end up divorcing! That is a 50% success rate. That may be excellent for a baseball player, however those are woeful numbers for marriages. Or you may say, "We are Christians and we are against divorce. That will sustain us." What's even more staggering is that the divorce rate for Christians is also 50%, equal to the general population. So what's going on?

When you were 15 years old and applying for your driver's license you were required to demonstrate a certain level of knowledge and skill in driving a car. You had to be able to read a traffic light, know what a stop sign meant, know when to yield, etc. All of the things you take for granted today were once foreign to you. You also were required to practice driving with an experienced driver in order to gain experience – how to apply what you learned. You needed to learn how to merge onto a freeway, parallel park, and so on. I'm sure now you appreciate those lessons and practice because you have probably avoided many disastrous wrecks! You are confident in your abilities to drive, having been equipped with the knowledge and skills to be successful.

Premarital counseling should work much in the same way by helping you become competent in "driving" your marriage. A couple needs to learn the basics of marriage – what it is, when and how to handle conflict, when to yield and so on.

Any premarital counseling you seek should equip you with the following:

The Knowledge:

- The purpose of marriage and myths about marriage
- Your personality traits, values, communication style and conflict style
- Your spouse's personality traits, values, communication style and conflict style
- How will you and your spouse's personalities interact? What should you watch out for?
- Major family or previous relationship issues that may affect your future marriage
- How to resolve conflict related to finances, sex, family, roles and values
- How to speak to be heard and how to listen to hear
- How to have fun and stay connected with your spouse throughout your marriage

The Skills:

- Communication Skills – Proven communication techniques to help you communicate effectively
- Conflict Resolution Skills – Proven methods for managing or resolving conflict
- Tips and strategies for maintaining the fun and promoting oneness in your relationship
- Practice with the above skills under the supervision of a trained professional

You wouldn't think of putting yourself or a loved one behind the wheel of a car without the proper knowledge and skills training. A marital breakup is equally as devastating, so why would you not take the steps to equip yourself with the knowledge and skills of marital success?

PREMARITAL COACHING

Pastor Ken Patterson offers unparalleled value in premarital coaching services. As a certified educator and advocate for successful marriage, the curriculum you are exposed to presents the most detailed & beneficial value to the health and prosperity of your marriage. With his candid, humorous, and enlightening approach, you and your fiancé are guaranteed to enjoy unique successes in your marriage. Simply view the Premarital Coaching Course Catalog, and together with Pastor Ken you can select the track that best suits your marriage.



It's like saying "I love you", but logically.
-Pastor Ken



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Discover Your Track...

With Each Track we select comes a very beneficial session guide you can download in .pdf format that will serve as a timeless tool throughout your marriage. Each will also include several reading suggestions to store in your new Marriage Library...

Foundations of Marital Excellence 101 & 201



What is Marriage? Why do we choose to become married? What are the benefits of marriage as opposed to being single and simply living together forever? What preconceptions do we have of marriage? How much has our family structure and upbringing impact our understanding of marriage? This is a foundational study on marriage from a covenantal perspective, which allows us to really understand the requirements of marriage and how we can meet them through building up our spouses and spending a lifetime in happiness and true fulfillment. Discover the grim statistics and lay the foundation for avoiding them.

Role Call: A Successful Marriage 'Role' Model



Long gone are the pictures of the traditional marriage that used to cover the screens in the 60' and even up through the 70's. Now America has embraced a new "role-less" marriage in which, in our desperate attempt that creating a unisex culture, the lack of distinction between male and female is causing catastrophic problems for marriages everywhere. Men and women are remarkably different in case you haven't noticed. We are uniquely distinct. Embracing those distinctions and understanding how valuable our differences are is the first step to paving the way for a satisfying and complete marital relationship. Discover the model that all but guarantees your success.

Communication Essentials 101 & 201



Communication is truly one of the pillars of great marriage, yet partners seem to discontinue communication after the "I Do"! In marriage there will be disagreements, large and small, yet in spite of all that you may encounter...how do we communicate effectively in a fair way for both parties? How does your idea of communication differ from your spouse's idea of communication? Based on Dr. Eggerichs "Cracking the Communication Code", discover the amazing art of successful communication leading to marital bliss through successful communication. This life-changing session will change the way you view communicating forever.

Discover Your Potential...

During each session, Pastor Ken will challenge both of you to rise to your potential as mates. You will enjoy sessions that are challenging, thought-provoking, and very instrumental in having an incredibly successful marriage...

Critical Conversations & Dire Dialogue 101 & 201



Included in this session are ten discussions, and over 100 questions that every engaged person must ask their partner. There is a set of questions that many couples think they must ask, then there is a set of questions that only Pastor Ken can provide to expand your thinking and drive you toward eliminating the destruction that often visits new couples within the first three years of marriage. After this session, couples leave with an exciting new outlook on their relationships and a level of trust and transparency that is the foundation of success.

Dynamics of Interracial Relationships 101



Successful interracial marriage demands a different level of an approach of which love alone cannot conquer. Couples are in love and will continue to be in love, however how are you living out your life as advocates for your own cause, and what decisions will you make with family members with prejudices? Where will you settle, and what types of conversations do you need to have prior to making this step? Interracial marriage stands a great chance of success if the two people research each other background, and make adjustment for prejudice family. In this course you will discover the secrets to establishing the ultimate marital success.

Dynamics of Blended Families 101



Couples who already have children from a former relationship before they meet each other don't have the luxury of years of time where it is "just us." They hit the ground running and moving in together, which presents its own set of dynamics that must be addressed and managed in order to fully explore a remarkably successful family. How do we deal with different children in different locations? What boundaries and agreements to we set with the other parent so that it has little realized effect on the marriage? How do we avoid implied favoritism? These questions and more are explored in building a great blended family.

Discover Your Success...

Couples entering into premarital coaching with Pastor Ken leave the coaching experience feeling empowered, refreshed, and energized toward building the marriage that sets the standard in every circle you operate in...

Foundations of Financial Peace



The number one reason for divorce in this country stems from financial issues within a marriage. People are able to overcome infidelity before they are able to overcome severe financial turmoil in the marriage. With marriage being one of the pillars of society, and finance being a pillar of marriage, it is vital that couples discuss every aspect of finance prior to moving into marriage. What are your financial philosophies beyond the surface of normal conversation? What financial plan do each of you have in place? What are your 30...40...50 year financial plans? These topics are must needed in discussing successful marriage.

Marriage After Dark : Intimacy & You



There is a monumental difference between *intercourse* and *intimacy*. How do we understand this difference? What is the place of sex in marriage, and how can that be utilized to best express your desire, passion, love, and trust of your mate? What are the 5 Sex Stiflers that married couples must avoid? What expectations have been addressed prior to moving into marriage? Most couples engaging in sex before marriage assume that sex will continue as is. Marriage changes things sexually, but it doesn't have to change you...discover God's plan for your intimacy in Marriage After Dark.

Again for the First Time: Remarkable Remarriage.



The statistics for second marriages ending in divorce are startling. The issues that threaten your new union are innumerable. How do we deal with these issues in ways that allow us to overcome the potential for these issues. What is our plan of action for those ex-spouses that have the potential to really get into and destroy the peace and happiness of the new marriage? How do you plan to deal with an ex-spouse who is the parent of the child? These questions and many many more are addressed in this enlightening and heartwarming session. Discover how to make your remarriage remarkable.